

FOR IMMEDIATE RELEASE:

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BRING THE FAMILY TO ARTS FOR WELLNESS DAY FOR PERSONS WITH AND WITHOUT DISABILITIES ON NOVEMBER 5, 2016 Children and families are invited to participate in this fun arts day at Pinecrest Gardens.

(Miami – October 14, 2016) – The Miami-Dade County Department of Cultural Affairs and Pinecrest Gardens are hosting <u>Arts for Wellness Day</u> on Saturday, November 5, 2016 featuring a variety of interactive expressive arts and healing activities for children and families with and without disabilities, in an inclusive and supportive setting. The event includes a community resource fair highlighting the Arts for Wellness theme.

- WHO: Presented by the Miami-Dade County Department of Cultural Affairs through its "All Kids Included - Accessible Arts Experiences for Kids" (AKI) program, and Pinecrest Gardens
- WHAT: <u>Arts for Wellness Day</u> A day to explore the intersection of wellness, creativity and the imagination. Families can participate in a variety of interactive expressive arts programs and healing modalities, including art, music, movement, guided mediation, light therapy, vocal toning, gardening and yoga.

All Arts for Wellness Day activities are free with a \$5 general admission fee to the garden.

- WHERE: Pinecrest Gardens, 11000 Red Road, Pinecrest, FL 33156
- WHEN: Saturday, November 5, 2016, 11:00 AM 3:00 PM

ALL KIDS INCLUDED (AKI) promotes inclusive arts and cultural programs in school settings and throughout the community enabling kids of all abilities and their families to participate fully in the arts. All Kids Included continually raises the bar with excellence in programming that demonstrates and promotes the benefit and importance of inclusionary arts and cultural programs for children and youth. All Kids Included is an initiative of the Miami-Dade County Department of Cultural Affairs, made possible with the support of the Miami-Dade County Cultural Affairs Council, the Miami-Dade County Mayor and Board of County Commissioners, and funded in part through a grant provided by The Children's Trust. The Children's Trust is a dedicated source of revenue established by voter referendum to improve the lives of children and families in Miami-Dade County by making strategic investments in their future. For more information about AKI and its programs, visit www.AllKidsIncludedMiami.org.

Follow us on social media @MiamiDadeArts #MiamiDadeArts and #AllKidsIncluded

MIAMI-DADE COUNTY DEPARTMENT OF CULTURAL AFFAIRS

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The Miami-Dade County Department of Cultural Affairs and the Cultural Affairs Council develop cultural excellence, diversity and participation throughout Miami-Dade County by strategically creating and promoting opportunities for artists and cultural organizations, and our residents and visitors who are their audiences. The Department directs the Art in Public Places program and serves its board, the Art in Public Places Trust, commissioning, curating, maintaining and promoting the County's art collection. The Department also manages, programs and operates the South Miami-Dade Cultural Arts Center, a campus of state-of-the-art cultural facilities in Cutler Bay, as well as Miami-Dade County Auditorium, Joseph Caleb Auditorium and the African Heritage Cultural Arts Center, all dedicated to presenting and supporting excellence in the arts for the entire community. Through staff, board and programmatic resources, the Department, the Council and the Trust promote, coordinate and support Miami-Dade County's more than 1,000 not-for-profit cultural organizations as well as thousands of resident artists through grants, technical assistance, public information and interactive community planning. The Department receives funding through the Miami-Dade County Mayor and Board of County Commissioners. The Children's Trust, the National Endowment for the Arts, the State of Florida through the Florida Department of State, Division of Cultural Affairs and the Florida Council on Arts and Culture, and the John S. and James L. Knight Foundation. Other support and services are provided by TicketWeb for the Culture Shock Miami program, the Greater Miami Convention and Visitors Bureau, the South Florida Cultural Consortium and the Tourist Development Council.

It is the policy of Miami-Dade County to comply with all of the requirements of the Americans with Disabilities Act. To request materials in accessible format, sign language interpreters, and/or any accommodation to participate in any Miami-Dade County Department of Cultural Affairs program or meeting, please contact Francine Andersen at 305-375-4634 culture @miamidade.gov at least five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service).