



MUSIC & MOVEMENT

YANI RUBIO, NMT, MM, MT-BC



Our Body is an Instrument beating out all kinds of rhythms...

...Rhythm is what drives us...

...Each with our own rhythm...

Let's join our rhythms as ONE!!!



MOVEMENT STRATEGIES

- **ARE INCLUSIVE FOR ALL**
- **NEED TO BE AGE APPROPRIATE**
- **PROVIDE A RHYTHMIC CUE**
- **PROVIDE A PREDICTABLE STEADY BEAT**
- **TUNE IN TO EACH OTHER'S RHYTHMS**



MUSIC and Artists

- ♪ Jack Johnson – all albums,
In Between Dreams personal favorite
- ♪ Steel Drum Beach Party; The Island
Caribbean Steel Drum Band
- ♪ Disney:
The Lion Guard
Descendants (especially 2nd movie)
Zombies
- ♪ Jimmy Buffet

Supplies

- ✿ West Music,
www.westmusic.com
- ✿ Oriental Trading,
www.orientaltrading.com ,
Stretchy bands